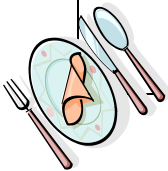




TRAFFORD EDUCATION CATERING SERVICES

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily	Salad Bar Available Daily
MAIN MEALS	Fish Fingers	Homemade Sausage Roll	Chilli Con Carne	Braising Steak	Pizza
Filled Jackets - Served with Side Salad	Assorted	Assorted	Assorted	Assorted	Assorted
OPTIONAL MAIN MEAL	Cheese and Egg Flan	Veg Sausage	Meat Balls	Tomato Pasta	Samosa
VEGETABLES	Peas, Baked Beans	Carrots, Sweetcorn	Mixed Veg, Peas	Broccoli, Cauliflower	Peas, Coleslaw
CARBOHYDRATES	Creamed or Jacket Potato	Spicy Wedges or Jacket Potato	Rice, Creamed Potato	Creamed or Roast Potato	Chips, Garlic Bread
SWEETS	Yoghurt, Fruit, Shortbread Biscuit, Sultanas	Yoghurt, Fresh Fruit, Sultanas, Angel Delight	Yoghurt, Fresh Fruit, Sultanas, Syrup Sponge & Custard	Yoghurt, Fresh Fruit, Sultanas, Ice Cream Tub	Yoghurt, Fresh Fruit, Sultanas, Ginger Biscuit



This menu has been analysed and meets the required Government Nutritional Standards

PLEASE NOTE: The **OPTIONAL MAIN MEAL** is at the discretion of the Headteacher and in liaison with the Catering Department

